



# Faith in Action

*"Grounded in Christ, open to make a difference – together"*

Faith United Methodist Church  
1530 Oakdale Avenue  
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June/July 2013

## Evenings at Covington

One of the goals identified by the visioning team for our church is community outreach. We are excited about offering an evening of fun and refreshments at the Covington Court Apartments once a month during the summer. We would like these to be intergenerational events.

Located at 364 Marie Ave. E. in West St. Paul, the first evening will be **Friday, June 28**. We will have games for all ages and refreshments—including hot dogs and watermelon! If you are able to help, please contact Barbara Schroeder, 651-554-9365 to let her know if you can attend or of your interest. Thank you for your consideration. The July 'Evening at Covington' will be on **Friday, July 19** with a movie and refreshments.



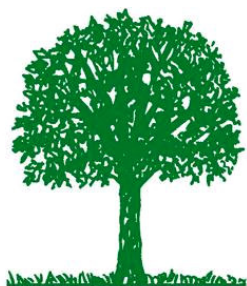
## Summer Meals Program at Garlough Elementary School

In partnership with other neighborhood churches, Faith UMC is once again participating in the **Neighbors, Inc. Summer Meals Program**. As we've done for the past few years, we are scheduled to serve breakfast and lunch at Garlough Elementary School

in West St. Paul for one week. The 2013 dates are July 16-19 (Tuesday-Friday). We need five volunteers for breakfast (7:30-10 a.m.) and lunch (10 a.m.-12:45 p.m.). Volunteers may choose to serve one or both meals (no meal preparation is required). If you wish to volunteer, please contact Gil Kinnunen directly at 651-451-2556 or [minnfinn@earthlink.net](mailto:minnfinn@earthlink.net)

## "To be continued"...

Throughout the summer we invite people to bring an item to donate to the food shelf on the first Sunday of each month. "As we are fed, so we are called to feed others". Cash donations are also welcome. See the article on page 11 that focuses on current food shelf needs and how you can be of help.



Summer



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# June & July Birthdays

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6/1 — Chuck Martin	6/22 — Cornell Chun	7/11 — Mark Mohr
6/2 — Jeffrey Cox Jr. Andrew Vanderhoff	Mike Schwendinger	Leonard Young
6/3 — Benjamin Rebischke	Wayne Willocks	7/12 — Brody DeNardo
6/4 — Heidi Chun	6/25 — Stanley Lukas	Brynn Ford
Esther Craine	6/26 — Brittany Buse	7/16 — Holly Vanderhoff
6/6 — Katy Grotjohn	Jaelyn Henk	7/19 — Austin Emery
Dawn Isaacson	Charles Scopatz	7/21 — Patrick Nitti
6/10 — Beulah Hanvelt	William Short	7/22 — Jack Gurtin
6/11 — Karen Cohoes	6/30 — David Pate	7/25 — Bonnie Wood
Bonnie Dick	7/1 — Greg Napier Jr.	7/28 — Henry C. Hovey
6/12 — James Hovey	7/3 — Ann Beardshear	Gregory Napier
6/14 — V. Paul Williams	7/6 — Nathan Bell	Kristine Rebischke
6/15 — Caroline Pippert	7/8 — Travis Buse	7/29 — Christina Bonkowske
6/18 — Katherine Worden	7/10 — Dianne Mens	Jeanna Schwendinger
		7/30 — Owen Otto

- If your birthday is missing or listed incorrectly, contact the church office for additions/changes. Happy Birthday, everyone! •

## Thank you to and for during May...

- **Greeters:** Taffy Storck, Ruth Campion, and Maryanne Maurer
- **Liturgists:** Sharon Yekaldo, George Brown, Charles Beardshear, and Bill Bonkowske
- **Serving refreshments:** Bill Bonkowske, Dawn & Gil Kinnunen, and Paul & Pat Williams
- **Communion Steward:** Maryanne Maurer
- **Dear Friends** at Faith Church, Thank you so much for the beautiful Spring greeting cards you made for our Mobile Meals folks. We are sending them out today and I know it will brighten their day! What a lovely reminder of God's love. Sincerely, Your friends at Mobile Meals. 5/21/13
- **Thank you** to everyone for the cards, prayers and good wishes during my recent surgery. I appreciate all your kindness as I heal. — Pastor Gail
- Karen & Marti would like to **thank our congregation** for your generous gifts of food. This year, Neighbors, Inc. was named as the 3rd most successful in food shares of over 300 Food Shelves in the state. Thank you, and let's keep bringing our food!
- **Dear Donors** from Faith United Methodist Church, Our sincere thank you for the generous donation you made to us during April 2013. Your donation of 700 pounds of food items is greatly appreciated. . . —Neighbors, Inc. Staff and Volunteers

**Did you know...** that *Laurel Venhuizen*, on behalf of the UMW, makes the quilts given to children when they are baptized? Be sure to thank her when you see her.

### Congregational Care Concerns:

- ♦ **Sonja Beguhl** is having breathing problems and is at Capitol View Rehab Center (Regions Hospital)
- ♦ **Fred Dick** had heart surgery and is home doing well

**Ongoing Concerns:** *(these will be listed for 3 months and then removed. If you wish for them to remain on the list longer, please contact the church office.)*

- ♦ **Benjamin Brummund**, son of Ron Brummund, Jr., continues to struggle with health problems.
- ♦ **Vi Rabe**, Marianne Young's mother, in hospice.

### Concerns beyond our doors:

- ♦ Those separated from family
- ♦ Those living with degenerative conditions
- ♦ Those who are hungry
- ♦ Those who have lost jobs or their homes
- ♦ Those who struggle due to natural disasters
- ♦ Those who grieve
- ♦ Those who are uncertain about the future

### Those serving in the military:

- ♦ **Ron Brummund, Jr.** is at Fort Lee in Virginia
- ♦ **Paul DeNardo** is in Tucson, Arizona, where his family has joined him

*“Just Pray”*

### The Money Pot this Summer:



- ♦ For **June**, the Money Pot offering will benefit Restorative Justice **Peace Camp**, sponsored by SSP Restorative Justice Council. “Building Communities of Peace” Peace Camp is offered to children ages 9 to 12 and will be held at Kaposia Park **June 25–28** (Tues.–Fri.), including participating in the Kaposia Days Grande Parade on Friday. This is a fun event for those attending, as well as a great volunteer opportunity, especially for youth! For more information about Peace Camp, please contact Carol Schuldt who has signup sheets for volunteers/helpers, & registration forms for kids interested in attending. Carol can be reached at 651-306-0542.
- ♦ **During July**, the Money Pot donations will go for **camping scholarships**. These scholarships help those not able to pay the full amount to have the life changing experience of time at camp. The money pot is located at the Welcome Center. Thank you for your support!

*... and speaking of Camping ... are you thinking about going to camp this summer? There are camps available for all ages from 5 to 105 through the Camping program of the Minnesota United Methodist Church. Camping Brochures are available on the table in the Narthex (lobby). Feel free to pick one up.*



**The Prayer Chain is active.** If you have a prayer concern, contact Esther Craine at 651-457-6959. Please also contact the pastor so she knows what is going out over the prayer chain. If you wish to be involved in this ministry please speak with Pastor Gail.

**Hospital Calls:** If you learn someone is hospitalized, please contact the church office or Pastor Gail. With new privacy laws, hospitals no longer call when a member is admitted. We would rather have several calls telling us of someone's hospitalization than not to know. Thank you.

*For your times of devotion during the Summer:*

Remember to pick up the **NEWEST issues** of the devotional publications: The Upper Room (regular or large print), Alive Now, & Pockets. These booklets are found on the table by the parking lot door.

## We Congratulate our 2013 High School Graduates:

- Patrick Short
- Samantha Kropp
- Kayla Rebischke
- Nicholas Pate



## We Welcome our New Members on June 9:

- Gilbert and Dawn Kinnunen
- Dianna Gallegos

## Neighbor's "Skydive for Hunger"

Saturday, July 27, 2013, 10:00 am  
2026 County Road J, Baldwin, Wisconsin

### *It's not just for the thrill – it's for the cause!*



Have you ever wanted to feel the rush of jumping out of a plane? Help Neighbors, Inc. by raising money and celebrate by taking a tandem jump at 13,000 feet. Our 3rd Annual "Skydive for Hunger" will take place on Saturday, July 27,

2013 at Skydive Twin Cities, located in Baldwin, WI. The money you raise will be used for our food shelf and social service programs. In 2012, Neighbors, Inc. served 65% more families through the Food Shelf than just two years earlier. This is the perfect opportunity to get together with friends and family to raise vital funds for Neighbors, and then get a chance to take to the skies in the ultimate thrill-seeking challenge! To reserve your spot and to get fundraising information, please contact Events Manager, Audra at 651-306-2154 or [audra@neighborsmn.org](mailto:audra@neighborsmn.org)

## MAKE A DIFFERENCE

difference /'diferəns / [dif-er-uhns]

### ***What is Tele-Care, and What Does it Mean?***

If you will, imagine a loved one living alone, elderly or disabled. What would happen if they suddenly needed help in some way, but couldn't get to a phone or alert anyone as to their needs? It could be anything — an illness, a fall, the list is endless.

Even a fairly healthy individual can need assistance at some point. Joints become diseased with arthritis, knees or hips give out, and down someone goes. Or perhaps a stroke or high fever. A person could be lying on the floor for hours, perhaps even days, or even unconscious, with no one the wiser.

Some would say they might need to go to a nursing home, but more often than not, the person just needs an answer for when something happens. They might be perfectly capable of taking care of themselves under normal circumstances.

While there are those who have family members looking in on them, or phoning them regularly to make sure they're okay, there are those who have no one to provide that service. That could happen to me. I could be lying in the hallway, far out of reach of a phone to alert anyone.

Neighbors, Inc. has a very special service that could be of great help. That service is **Tele-Care**. With this, an individual calls assigned people daily in order to make sure they're okay. If they are unable to reach the person by phone, then it could be time to do something about it, to alert someone. It could save a life.

And the service is free. Why not try Tele-Care yourself, or suggest it to a loved one or a friend who has no one to look out for them? And there is an additional benefit: a new friend.

Call Lon at 651-306-2143 for more information.





## Spiritual Practice

### Acceptance

Trevor Hudson

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardships as the pathway to peace.

— *The Serenity Prayer*

Whenever we find ourselves experiencing difficulties, we need to hold on to one bit of good news. Put very simply, it is this: God is deeply present in all the facets of our lives, even when they are painful. ... There is no fear, no loss, no grief, no loneliness, no despair, no addiction, no desolation, no suffering that God does not share in. God is continually present and reaching out to us in whatever we may be going through at this moment. ... [Hardships] are ... where the suffering God draws close to us. God can only bless us where we actually are, especially when we are going through rough times. If we constantly try to escape our pain, we can easily miss the gifts that God wants to bless us with. Gifts like peace and serenity and growth ....

#### Small Steps toward Acceptance

You may be wondering what this acceptance involves, especially in the light of the particular hardships life may have thrown at you. Does it mean having to accept them with passive resignation by throwing up our hands, doing nothing, and leaving everything to God? Or does it mean something very different? ... Here are some small steps that may lead us into a deeper acceptance of our hardships as the pathway to peace:

**We can take some time to look at the cross, where we can see what God's love is really like.**

The mystery of the cross reminds us that God is no stranger to human pain. God not only understands our suffering but also shares it. We are never alone in our pain. This truth keeps the light of faith flickering in our broken hearts, renews hope in our grieving, and rekindles love in hearts that have been betrayed and broken.

**We can affirm that God is present with us in our painful and trying situations.** We can say to ourselves, "This situation is where God is wanting to meet and bless me." This simple affirmation can help us to see every difficult situation as an opportunity for God's goodness, love, and competence to become a reality in our experience. It can also open our hearts to receive God's gifts of serenity and peace.

**We can find another person to be our wailing wall, someone who can listen to our stories** of struggle without trying to change or fix us. Few things prove more helpful in times of great difficulty than to have another human being come alongside of us and bear our pain with us. Such a friend becomes an open channel of God's love and care.

**We can choose to be gentle with ourselves.**

Often when we go through hard times, we can be very hard on ourselves. "If only I had done \_\_\_\_\_, this would not have happened." "I must have done something wrong to have brought this awful thing about." Refraining from these kinds of negative self-accusations can help us keep our sense of worth and dignity, even when circumstances go badly wrong.

**We can ask God for the strength to take constructive action when we are tempted to give up.** It could be something very simple, such as walking around the block, making ourselves a cup of tea, taking a walk in the garden, or phoning a good friend. A purely passive diversion like reading or watching television is usually not enough to rouse us from our darkness and depression. We need to act by summoning all our courage and doing something simple and creative.

I have not found it easy to write this ... because I am deeply aware that many of those reading these words are facing almost unbearable hardships. But I do know, from the witness of many courageous people around me, that we can experience God's presence in moments of deep pain. When we do, we are able to take small steps toward acceptance. Each step is like a candle burning in the dark. It does not take the darkness away, but it guides us through and along the pathway of peace.

From *The Serenity Prayer: A Simple Way to Enrich Your Life* by Trevor Hudson. Copyright © 2012 by the author. Used with permission of Upper Room Books.

## Are you able to help maintain the church lawn?



We are looking for people who are willing to mow the church lawn this summer. We have **two riding lawn mowers** so you and a friend or spouse can mow together if you wish. To volunteer, contact Lynn Bonkowske at 651-455-6542 or [bonkowske1@msn.com](mailto:bonkowske1@msn.com).

# June-July 2013 Worship Schedule

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## **June 2 — 2nd Sunday after Pentecost** – Sermon: "WHEN HEALING COMES"

**Sacrament of Holy Communion** — *Communion Steward: Judy Pfenning*

Scripture Readings: 1 Kings 18:20-39; Psalm 96; Galatians 1:1-12; Luke 7:1-10

— Recognition of graduating high school seniors — Recognition of choir and music staff —

*Greeter: Taffy Storck*

*Reader: Barbara Schroeder*

*Refreshments setup: Paul & Pat Williams*

## **June 9 — 3rd Sunday after Pentecost** – Sermon: "AT THE MOMENT OF LIFE"

Scripture Readings: 1 Kings 17:8-24; Psalm 146; Galatians 1:11-24; Luke 7:11-17

— Reception of new members: Gil & Dawn Kinnunen, and Dianna Gallegos —

*Greeter: Marti Kemp*

*Reader: Linda Cox*

*Refreshments setup: Paul & Pat Williams*

## **June 16 — 4th Sunday after Pentecost** – Sermon: "WHO DOES THE ANOINTING?"

Scripture Readings: 1 Kings 21:1-14, 15-21; Psalm 5; Galatians 2:15-21; Luke 7:36-8:3

— Baptism of Desarae, Jazlynn & Johnny Gallegos —

*Greeter: Barbara Schroeder*

*Reader: Lucy Schwendinger*

*Refreshments setup: Judy Turk*

## **June 23 — 5th Sunday after Pentecost** – Sermon: "Belonging to God"

Scripture Readings: 1 Kings 19:1-15; Psalm 42; Galatians 3:23-29; Luke 8:26-39

*Greeter: Laurel Venhuizen*

*Reader: Pat Giorgini*

*Refreshments setup: Judy Turk*

## **June 30 — 6th Sunday after Pentecost** – Sermon: "WHERE IS FREEDOM?"

Scripture Readings: 2 Kings 2:1-2, 6-14; Psalm 77; Galatians 5:1, 13-25; Luke 9:51-62

*Greeter: Maryanne Maurer*

*Reader: Sharon Yekaldo*

*Refreshments setup: Linda Cox*

## **July 7 — 7th Sunday after Pentecost** – Sermon: "Being Sent Out"

Scripture Readings: 2 Kings 5:1-14; Psalm 30; Galatians 6:1-16; Luke 10:1-11, 16-20

**Sacrament of Holy Communion** — *Communion Steward:*

*Greeter: Taffy Storck*

*Reader: John Kemp*

*Refreshments setup:*

## **July 14 — 7th Sunday after Pentecost** – Sermon: "Where is Your Heart?"

Scripture Readings: Amos 7:7-17; Psalm 82; Colossians 1:1-14; Luke 10:25-37

*Greeter:*

*Reader: Carol Schuldt*

*Refreshments setup:*

## **July 21 — 9th Sunday after Pentecost** – Sermon: "When We are Distracted"

Scripture Readings: Amos 8:1-12; Psalm 52; Colossians 1:15-28; Luke 10:38-42

*Greeter:*

*Reader: Gil Kinnunen*

*Refreshments setup:*

## **July 28 — 10th Sunday after Pentecost** – Guest Preacher: Rev. Dana Scopatz

Scripture Readings: Hosea 1:2-10; Psalm 85; Colossians 2:6-19; Luke 11:1-13

*Greeter:*

*Reader: Ann Beardshear*

*Refreshments setup:*

# June & July 2013 Calendar

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Sun. 6/2	9:30 a.m.	Worship	Mon. 7/8	10:00 a.m.	Craft Group
	10:30 a.m.	Fellowship Time	Sun. 7/14	9:30 a.m.	Worship
	10:50 a.m.	Adult Sunday School		10:30 a.m.	Fellowship Time
Mon. 6/3	10:00 a.m.	Craft Group		10:50 a.m.	Adult Sunday School
Thurs. 6/6	6:30 p.m.	Balcony Team	Mon. 7/15	10:00 a.m.	Craft Group
Sat., 6/8	8:00 a.m.	Men's Breakfast	Tues. 7/16—Fri. 7/19		Summer Meal Program
Sun. 6/9	9:30 a.m.	Worship	Thurs. 7/18	11:20 a.m.	Mobile Meals
	10:30 a.m.	Fellowship Time	Fri. 7/19	7:00 p.m.	Evening at Covington
	10:50 a.m.	Adult Sunday School	Sat. 7/20	8:00 a.m.	Men's Breakfast
	10:50 a.m.	Children's Educ. Team	Sun. 7/21	9:30 a.m.	Worship
Mon. 6/10	10:00 a.m.	Craft Group		10:30 a.m.	Fellowship Time
	6:30 p.m.	Confirmation Meeting		10:50 a.m.	Adult Sunday School
Wed. 6/12	4:30 p.m.	UMW Picnic	Mon. 7/22	10:00 a.m.	Craft Group
Thurs. 6/13	7:00 p.m.	Staff Parish Relations Committee	Sun. 7/28	9:30 a.m.	Worship
				10:30 a.m.	Fellowship Time
Sun. 6/16	9:30 a.m.	Worship		10:50 a.m.	Adult Sunday School
	10:30 a.m.	Fellowship Time	Mon. 7/28	10:00 a.m.	Craft Group
	10:50 a.m.	Adult Sunday School	Sat. 8/3	8:00 a.m.	Men's Breakfast
Mon. 6/17	10:00 a.m.	Craft Group	Sun. 8/4	9:30 a.m.	Worship
Tues. 6/18	3:00 pm.	Inviting Team		10:30 a.m.	Fellowship Time
Thurs. 6/20	11:20 a.m.	Mobile Meals		10:50 a.m.	Adult Sunday School
Sat. 6/22	8:00 a.m.	Men's Breakfast	Mon. 8/5	10:00 a.m.	Craft Group
Sun. 6/23	9:30 a.m.	Worship	Sun. 8/11	9:30 a.m.	Worship
	10:30 a.m.	Fellowship Time		10:30 a.m.	Fellowship Time
	10:50 a.m.	Adult Sunday School		10:50 a.m.	Adult Sunday School
Wed. 6/26	6:30 p.m.	Board of Trustees	Mon. 8/12	10:00 a.m.	Craft Group
Thurs. 6/27	6:00 p.m.	Finance Committee			
	7:00 p.m.	Church Council			
Fri. 6/28	6:30 p.m.	Evening at Covington			
Sat. 6/29	4:00 p.m.	Lindbom/Roesler wedding			
Sun. 6/30	9:30 a.m.	Worship			
	10:30 a.m.	Fellowship Time			
	10:50 a.m.	Adult Sunday School			
Mon. 7/1	10:00 a.m.	Craft Group			
Thurs. 7/4		Office Closed			
Sat. 7/6	8:00 a.m.	Men's Breakfast			
Sun. 7/7	9:30 a.m.	Worship			
	10:30 a.m.	Fellowship Time			
	10:50 a.m.	Adult Sunday School			

## Church Office Hours

**Pastor Gail** will be in the church office Mondays, Wednesdays and Thursdays most weeks.

**Susan** will be in the office Mondays, Thursdays and Fridays from noon until 5:00 p.m.

*Some deviations from this schedule are listed on page 11.*

## Computer Center

Do you need to set up and learn how to use email? Do you want to learn how to use your computer for specific projects? Contact Susan in the office to set up an appointment for Wednesday afternoons from noon—5:00, or to talk about another time if Wednesdays don't work for you.

## Memorial Tree

On the wall in the church narthex is a TREE with gold leaves. This is a memory/honor tree, where each of the engraved leaves have been given in memory or honor of someone. The *memory* leaves remind us of the past and the people who have helped and supported us in our journey of faith. The leaves *in honor* of someone remind us of the people who walk with us now and into the future. Each leaf represents a gift of \$500. In the past several months we have added six engraved leaves to the tree. These leaves were given:

- In Loving Memory of Lucille Reed from her sons 2010
- In Loving Memory of our mother, Lola Martin from her children, grandchildren and great grandchildren
- In Honor of John Kemp, Choir Director — 25 years 1987-2012
- In Loving Memory of Marcella Larson from Einar Skov and Marie Larson
- In Loving Memory of Robert Maurer from Maryanne
- In Celebration of Ally Lynn Larsen April 7, 2012 Steve & Roseanne Larsen



If you have questions or would like to donate a leaf, please visit with Lynn Mens, 651-455-8878 or see Pastor Gail .

## Play Golf, Be a Saint!

To raise awareness and funds for its youth Diabetes Education Program, The Saint Paul Area Council of Churches is hosting its first-ever “Tournament of the Saints” at the North Oaks Golf Club on **Monday, July 8**. Gather your favorite foursome for a wonderful day at this premier course. Foursome: \$500; Individual: \$155. Lunch and dinner included! Hole sponsorships are also available. To register and for sponsorship opportunities, contact Connie Johnson, [cjohnson@spacc.org](mailto:cjohnson@spacc.org) or (651) 789-3857 or register online at [www.spacc.org/golf](http://www.spacc.org/golf).



## **Furniture & Bicycle Drive**

**Saturday, June 22 • 9am —12pm**

### **DONATE YOUR GENTLY USED FURNITURE**

After living in her car for two years, Anne moved into a small apartment in North Minneapolis. She was able to survive those two years because she met a minister on the North Side who gave her odd jobs at the church and a place to clean up. She now has been able to get an apartment and is learning about job skills and interviewing and is optimistic about her future! In her apartment, she had a twin sized mattress on the floor and a small coffee table, but she was able to furnish the rest of her apartment from the St Vincent DePaul thrift store. With a kitchen table and chairs, a dresser and a couch, her apartment now feels like home.

Do you have gently used furniture you can donate? Your furniture donations go to St. Vincent DePaul and then to people like Anne who are moving into apartments. **Donate your furniture on Saturday, June 22<sup>nd</sup> at Hennepin Avenue United Methodist Church Parking Lot (511 Groveland Ave, Minneapolis 55403) between 9am-12:00pm.** All donations are tax deductible!

### **NEEDED: ADULT BIKES**

One of our first bike program recipients, who attends St. Olaf, has been able to volunteer 15 hours per week at the downtown Minneapolis public library because of his new transportation. Charles suffers from anxiety and depression, but volunteering at the library provides him some structure and allows him to be productive in his own way. The bike not only helps him get to his volunteer job, but also provides a way for him to stay physically fit as well as help with his mental health.

Your used adult bikes can be given for good! **Donate them on Saturday, June 22nd at Hennepin Avenue Parking Lot between 9am-12pm.** Especially needed are tall adult men’s bikes, but all adult bike sizes needed. All bike donations are tax deductible.

*DCEH (Downtown Congregations to End Homelessness) is the organizer for this collection, and St. Olaf is one of the DCEH members. Do your part with faith communities working together to end homelessness! Go to [www.dceh.org](http://www.dceh.org) for more information.*



## **United Methodism 101 (UM101)**

This online course is designed for new United Methodists and anyone wanting to know more about the denomination. Are you a lifelong or long-term Methodist? You may be surprised at what you can learn about our denomination. The course includes 4 modules that contain many interactive features. Each module takes about 1 hour to complete. You can move through the modules at your own pace. *(Note: See information at the bottom of this article on how to purchase the Offline CD-version of the course)*

### **Course details**

- Cost: \$ 9.99

### **Upcoming 2013 Online Course Dates**

- June 19 - July 31, 2013
- August 21 - October 2, 2013
- October 16 - November 27, 2013

A certificate of completion and .5 [SACEM](#) CEU are awarded to those meeting the requirements.

### **What will I learn?**

This course is divided into 4 parts. Throughout the course, you'll explore the following areas of interest:

- United Methodist History
- Theology and Beliefs of the United Methodist Church
- Organization and Governance
- Present and Future Challenges

### **What can I expect?**

This course is interactive. You can move at your own pace. We use discussion forums, quizzes and other activities for a class that's engaging and hands-on.

### **How to register**

- <http://shop.umc.org/product/productinfo/united-methodism-101-online-course-june-2013/1756?cid=18>

A limited number of virtual seats are available for this course and are first come, first serve. Seats will no longer be available after the course is full or once the course begins.

### **To purchase the Offline Version (UM101-Kit):**

- <http://shop.umc.org/training/united-methodist-basics/united-methodism-101-kit>

This interactive course blends audio, video, and written materials into a fast-moving learning experience. This kit is ideal for both groups and individuals wanting to increase their understanding of United Methodism. Each kit includes 5 identical CDs and one leader's guide. Additional CDs are available separately.

## **Oklahoma Tornado Relief Donations through UMCOR**

We continue to be reminded of the power and suddenness of death and destruction storms can bring. The images and stories of victims of the Oklahoma tornadoes break our hearts, and we as communities of faith wonder what we can do. I share the following list as the places to begin to give action to our hearts of compassion and love.

- **Pray.** What you are feeling in your heart can be best expressed through prayer to the one who can truly meet the needs that we are all feeling.
- **Monetary gifts** can be given through your local church or sent directly to the **Minnesota Conference treasurer's office, 122 W. Franklin Avenue, Suite 400, Minneapolis, MN 55404.** Include "2013 May Tornado Relief" on the memo line of your check.

Please do not collect and donate clothing and/or any other supplies at this time. Financial contributions are the most effective way to help us provide survivors with what they really need.

- **You** can also donate online via the Tornado Response link: <https://www.umcor.org/>

Our hearts and our prayers continue to be with Moore, Oklahoma, and other communities that have been directly affected by the recent outbreak of severe weather.

— Minnesota Annual Conference UMC

### **Note:**

Pay attention to severe weather updates for Minnesota and never take a severe thunderstorm or tornado warning lightly. Be sure to have a family emergency plan, including a gathering place or contact person outside of the area -- since most often, we are not together as families when severe weather occurs.

## How Does our Garden Grow?



Working around chilly temperatures and excessive rainfall, we managed to get the garden in during the first weekend of June—featuring tomatoes, peppers, cucumbers, squash, beans, radishes, lettuce, and cabbage. A new 2x12-foot box has been added exclusively for beans. All the produce will be donated to the Neighbors Food Shelf. This is the third summer of the

garden. The entire cost of the garden project is covered by memorial contributions. If you wish to help with the garden project (e.g., watering, harvesting, sharing your expertise), please contact Dawn or Gil Kinnunen in person or at 651-451-2556 or [minnfinn@earthlink.net](mailto:minnfinn@earthlink.net).



During the summer months Neighbors will be helping more families. Marti and I thought it would be helpful if people could bring something for the food shelf on Sundays starting in June. Listed below are the food and personal care items needed at this time (items in **bold** are in low supply and greatly needed):

- Juice
- **Beef Stew**
- Spaghetti-O's
- Pancake syrup
- Pancake mix
- Mixed vegetables—canned
- Canned meat
- Glucerna (Diabetic beverage)
- **Peanut butter**
- **Jelly/Jam**
- White Rice
- Deodorant
- Toothpaste
- Shampoo
- Chili

Neighbors also welcomes donations of brown paper grocery bags at any time, and they run low quickly. You can drop off bags at the food shelf or simply bring them to church. They really like the bags with the handles.

Thank you! — Karen & Marti



## Vacation

Pastor Gail will be on vacation from July 22 until August 5. She will be at

the NCJ Urban Network from August 6-9. Susan will be on vacation for a few days at the end of June, and later in the summer when plans are finalized.

## Men's Breakfast

The Men's Breakfast Group will meet on the Saturdays of **6/8, 6/22, 7/6, 7/20 and 8/3** at the Fireside Lounge, 1288 South Robert St. starting at 8:00am. All men are welcome to join us! For more information, please contact Bill Short at 651-552-0736 or [bill.short@ci.whitebear-township.mn.us](mailto:bill.short@ci.whitebear-township.mn.us)



*Men's Prayer*  
**BREAKFAST**

# KIDS IN SEARCH

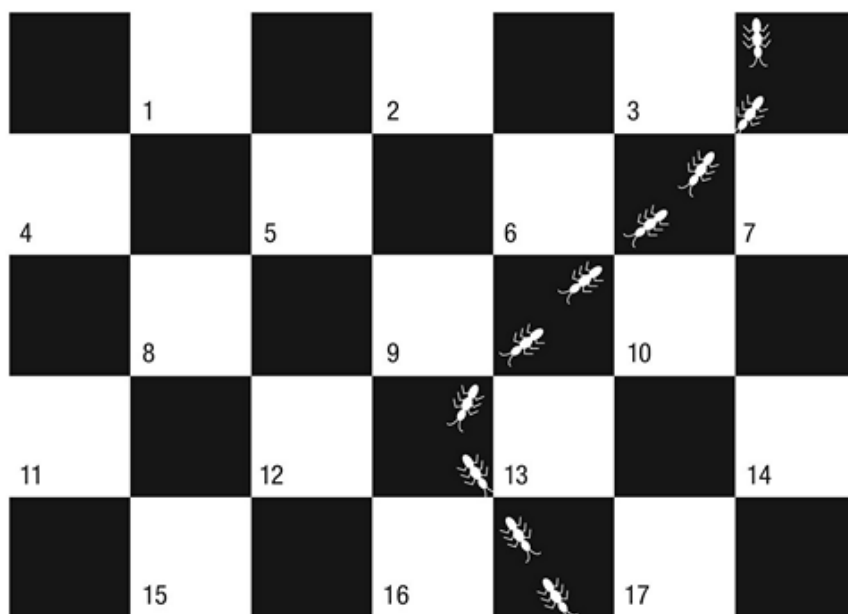


*The ants go marching...*

God created amazing insects and says we can learn lessons from their hard work.

Directions: Use the word bank below to fill in the tablecloth grid for ant-based wisdom from Proverbs 30:25, NIV.

- |         |              |            |          |           |         |
|---------|--------------|------------|----------|-----------|---------|
| 4. of   | 6. strength  | 15. summer | 12. food | 9. store  | 2. are  |
| 8. they | 3. creatures | 5. little  | 7. yet   | 10. up    | 14. the |
| 1. Ants | 16. Proverbs | 17. 30:25  | 13. in   | 11. their |         |

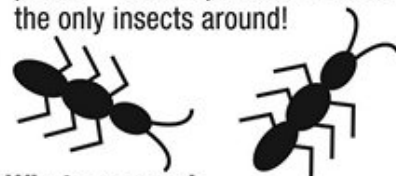


Answer: "Ants are creatures of little strength, yet they store up their food in the summer." Proverbs 30:25, NIV



## ANTS ON A HILL

Make this fun snack for a summer picnic — and hope these ants are the only insects around!



### What you need:

- one box instant chocolate pudding mix
- milk
- graham crackers
- zippered baggies
- rolling pin
- clear plastic cup
- chocolate chips, raisins or dried cranberries



### What you do:

1. Make the pudding according to directions on the box.
2. Put one whole graham cracker (four rectangles) into a zippered baggie. Seal and crush the crackers with a rolling pin.
3. Fill half the plastic cup with spoonfuls of chocolate pudding (dirt).
4. Add the crushed graham crackers (sand hill).
5. On the hill, place chocolate chips, raisins or dried cranberries (climbing ants). Enjoy!





FAITH UNITED METHODIST CHURCH  
1530 Oakdale Ave.  
West St. Paul MN 55118

June/July 2013

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## Summer Worship Schedule

ADDRESS SERVICE REQUESTED

We invite you to join us this Sunday for  
worship, study and fellowship:

- Worship — 9:30 a.m.
- Fellowship time — 10:30 a.m.
- Adult Sunday School — 10:50 a.m.



## AUGUST 16-17 Garage Sale



We will be having our great garage sale August 16-17, and it will be here before we know it! Donations are now being accepted, and can be brought to the last room on the education wing (youth). Donated items can be left from now until the sale. If you have any questions, please call Linda Cox at 651-778-8090.

Reminder: A profitable & successful garage sale is dependant on a large variety of items to sell. Our sale will need to be cancelled if we do not receive enough donated items.

Thank you!



FAITH IN ACTION is published monthly by Faith United Methodist Church, 1530 Oakdale Ave., West St. Paul MN 55118  
(651) 457-5686 office; Email: [faithumc@usfamily.net](mailto:faithumc@usfamily.net) DEADLINE: the 15th of each month, unless otherwise noted.  
Editor reserves the right to edit for content and space. Visit us at [www.faithumcmn.com](http://www.faithumcmn.com)