



Faith United Methodist Church
1530 Oakdale Avenue
West St. Paul MN 55118
(651) 457-5686
Faithumc@usfamily.net

“Grounded in Christ, open to make a difference – together”

September 2019

Welcome Home Sunday — September 8

9:30 a.m. Worship

— Celebration of God's Presence in Our Lives □ Sanctuary Choir begins the season —

9:45 a.m. Children & Youth Sunday School

— Classes for Pre-School and Kindergarteners, 1st–4th Graders and 5th–12th Graders —

10:30 a.m. Fellowship Time

— Stay and catch up with friends over coffee, milk & donuts —

10:50 a.m. Adult Sunday School

Special blessing for the beginning of school

Surprises throughout the morning

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Time of Service

Sunday, November 17

On November 17 we will have a Time of Service. To help us prepare, please keep your eyes open for small toys and items for the Christmas shoeboxes. Also we will continue making the personal dignity kits, school kits, birthing kits and hygiene kits. We have some of the items we need for these but we are in need of deodorant (2-3 oz.), paper (150 sheets), hand towels, soap (3oz. or larger) and shampoo (3oz or larger). We are again making teacher school bags. These bags include 2 notebooks, 1 pack of loose paper, multi-subject notebook (3 or 5 subjects), 3 red pens, pencils, paper clips, rubber bands, ruler (12" with metric), markers, 8" scissors, dry erase maker, dry-erase eraser. Keep your eyes open. If you would rather give money to purchase items give it to Bonnie Dick.

Coming Events

October 5 Neighbors Duck Race

October 13 Cub Flu Shot Clinic &
Fall Fling

October Craft Bazaar\Soup
 & Salad Luncheon

November 10 Financial Stewardship
Dinner

November 17 Time of Service

December 7 Breakfast with Santa

December 24 Christmas Eve

September Birthdays

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9/3 — Sharon Yekaldo
9/4 — Ramon Nachtsheim
9/5 — Ronald Brummund, Jr.
Lileigh Doughty
9/11 — Harison Van Siclen
9/16 — John Robert Doughty
Susanne Short
9/17 — Olivia Van Siclen
9/19 — Gerald Gross
Amanda Peterson
MariAnne Young
9/20 — Ethan Chun

9/21 — Doug Van Siclen
Jack Watchorn
9/22 — Charles Beardshear
Bob Scopatz
John Scopatz
Taffy Storck
9/26 — Debra Johnson
9/28 — Victoria Hovey
Josephine Kranz
Claudia Spatafore
Pat Williams

- If your birthday is missing or listed incorrectly, contact the church office for additions/changes. Happy Birthday, everyone! •

Thank you to and for during August...

- **Greeters:** Taffy Storck, Gil & Dawn Kinnunen, Bill Short and Sharon Yekaldo
- **Liturgists:** Bill Bonkowske, Ann Beardshear, Carol Schuldt, and Sharon Yekaldo
- **Serving refreshments:** Judy Pfenning, Fred & Bonnie Dick, and Dan Miller
- **Communion Steward:** Sharon Yekaldo
- **Thank you** to the volunteers who helped assemble the June/July newsletter

Thank you for your generous donation of the various kits to Midwest Mission. Each donation is a blessing God uses to bless you and others.

Chantel Corrie, Executive Director,

First, let me say thank you! When you make a donation to Neighbors you do so without even knowing the names or the faces of the people that you've helped, but the impact of your generosity is immediate and far reaching.

Beth Skwira, Director of Mission Advancement

Are you able to help maintain the church lawn?



Even as we move into Fall the church lawn still needs to be mowed. If you can help with this, please contact Collette Peterson at 651-224-6819. Remember the church has **2 riding lawn** mowers, so invite a friend to come and mow with you.

Congregational Care Concerns:

- ♦ **Vera Young**, Susan Filter's mother is now in hospice

Care Centers:

- ♦ **Colleen Spadaccini** – *White Pine, Mendota Heights*
- ♦ **Jerry Lach** – *White Pine, Inver Grove Heights*

Ongoing Concerns: *(these will be listed for 3 months and then removed. If you wish for them to remain on the list longer, please contact the church office.)*

- ♦ **Benjamin Brummund**, son of Ron Brummund, Jr., continues to struggle with health problems.

Concerns Beyond our Doors:

- ♦ Those being persecuted for their faith
- ♦ Those separated from family
- ♦ Those living with degenerative conditions
- ♦ Those who are hungry
- ♦ Those who have lost jobs or their homes
- ♦ Those who struggle due to natural disasters
- ♦ Those who grieve

We extend our sympathy to the family of **Kathy Johnson** who died July 26. Her memorial service was held here at Faith on August 6.

Prayer Changes Things

The Mission Well welcomes your donations to help support the offering of the month. **September's** Mission Well donations will support Red Bird Mission in Kentucky. Red Bird is located in the poorest counties in the United States. The former E.U.B began this mission in 1921 to bring education, health care and resources to the people who live there. It continues today as a United Methodist Advance Special.



† Prayer Partners

Prayer Partners will be starting again this fall. Children are paired with an adult prayer partner from our congregation who prays for them and talks with them to promote a feeling of belonging to the church community. Prayer partners are encouraged to send Christmas and birthday cards to the youth to whom they are assigned. If you would like to be a part of this group please talk to Liz Chun at 651-453-1999 and we will



The Prayer Chain is active. If you have a prayer concern, please contact the church office. If unable to reach Susan or Pastor Gail in the church office, please contact Sharon Yekaldo at 651-455-4770; if she is not available contact Carol Schuldt, 651-306-0542. Please make sure the pastor knows so she can respond to pastoral care needs, and knows what is going out over the telephone prayer chain so it can be sent to the e-mail prayer chain as well. If you wish to be involved in this ministry by being either on the telephone chain or the e-mail chain, please speak to Pastor Gail.

Hospital Calls: If you learn someone is hospitalized, please contact the church office or Pastor Gail. With new privacy laws, hospitals no longer call when a member is admitted. We would rather have several calls telling us of someone's hospitalization than not to know. Thank you.

FOR YOUR TIMES OF DEVOTION: Remember to pick up the NEWEST issue of the devotional **The Upper Room** (daily readings in regular or large print).

This booklet is found on the table by the parking lot door.

Steps on the Journey



One of the things I try to do every day is read a devotional or two. In the evening I read ***The Upper Room***. In the morning I read two or three on-line blogs. I was struck the other day when I read the blog from David Haas on prayer. I would like to share that with you as we begin the new schedule.

Breathe in the Breath of God

It is far too common for you to be inflicted with spiritual asthma.

It seems often to crop up when you experience times of anxiety; when all of the assurances of God's presence and activity in your life seem to, at times, almost instantly, are taken away from you like candy from a child.

These moments take you by the throat – or more so, by the heart, and seem to deprive you of the intimacy, you have with God.

When you have such moments of panic, of a manic sense of being afraid – these are the times that you need to listen to the voices of your spiritual guides and friends who are constantly encouraging you to simply, breathe.

It is in rediscovering this sense of breath, that prayer can really be real for you. It might be the case for some, but probably, for most people, and especially you – prayer will not find a concrete home in your heart by white-knuckling your way through a stern will or strict perseverance.

Prayer, this holy conversation that you –

and everyone on the spiritual walk – strive for, is a gift from God. God comes to you, and is still coming to you through a holy initiative, not through your own force of desire. No discipline, effort or intellectual practice can make God arrive in your life. Certainly, not in of itself.

Prayer is grace, a gift that comes freely and lavishly to you from God. And this gift is not difficult to access. It is easily within your reach.

Because of the gift of Jesus, God has entered into your life in a most intimate way. This gift is God made flesh and human, and is leading you to enter into a life that is filled with the Spirit – God's holy breath – God's open door to you to become so close to God, closer than you are to yourself.

Your anxiety and panic is a spiritual "shortness of breath" that can be transformed to a breathing pattern that is deep, centered, calming, and filled with assurance that God is very near, indeed.

God is already breathing in you. That part of the prayer is already there. You are being called, now, to breathe along.

David Haas

Keep breathing, keep praying on the journey.

***Peace in Christ,
Gail***

Notables

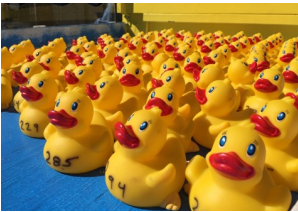
Fall book study

Beginning this fall we will be studying “Journey to the Center of the Faith: An Explorer’s Guide to Christian Living” by James A. Harnish. This book explores a way of being Christian in a Wesleyan way with the center being Jesus the Christ. We will have class twice a month. One class will meet on Mondays at 12 noon. If there is enough interest I will have a section in the evening. If you would like to see the book or are interested, please talk to Pastor Gail.

FLU CLINIC in October

On **Sunday, October 13** from 10:30 a.m. until noon **Cub Pharmacy will offer a flu vaccination clinic here at Faith.** Please bring your health insurance card so Cub Pharmacy can bill your insurance company for the cost of the flu shot. If your insurer does not cover the cost of the vaccination when billed, Cub Pharmacy will pay for the cost. Ages 6 and older may be vaccinated. Ages 65 and older are eligible for the high-dosage vaccination.

Great Neighbors’ Duck Races: Saturday, October 5, 2019



Join Neighbors, Inc. for a day of fun during South St. Paul’s **On the Road Again** event! All proceeds will be used locally to support Neighbors emergency and

supportive programs. Ducks are just \$5, and the proceeds go to a good cause! While we can’t accept payments for the Duck Races online due to gambling laws, certificates are available by calling our office or via download. Once you’ve got a printed copy, fill out the necessary information and return it to Neighbors along with your payment. On race day, every duck will be entered in a preliminary race/heat, and the top finishers in each heat go on to race in the finals at the end of the day. Prizes are awarded to the top three finishers in the final race, and the last duck to finish that race — dubbed the Lazy Duck — also receives a prize. The winner of each heat throughout the day will also receive a prize.

2019 Summer Meals Program a Success

For the 11th consecutive year, Faith UMC participated in the Neighbors, Inc. Summer Meals Program, preparing and serving breakfast and lunch for four days (July 15-18) to 300+ first- through fourth-graders attending summer school and soccer camp at Somerset Heights Elementary School in Mendota Heights.

Twelve volunteers helped prepare and serve 2,475 meals. Thanks to Dennis Alexander, Dominik Jones, Ezekiel Jones, John Kemp, Dawn Kinnunen, Gil Kinnunen, Steve Larsen, JoAnn Loutsch, Dan Miller, Bruce Opp, Judy Pfenning, and Josue Soto (Centro Cristiano Nueva Esperanza).

One of the highlights of the week is discovering the message t-shirts that many of the kids wear. Some describe the personalities of the boys and girls wearing them:

Artist, genius, athlete. Girl warrior. Next big thing. Off-duty mermaid. It’s not easy being a princess. Born to sparkle. I am the future.

And several kids wear t-shirts that make statements, give advice, and offer suggestions for positive living:

Always be you. Believe in yourself. Change the world one friend at a time. Dance, dance, dance. Enjoy the little things. Play your heart out. Have the courage to follow your heart. Shine bright. Stay awake, and You can be anything you want to be—be kind.

Even the adults got into the act. One wore a t-shirt with *I just drink coffee, and then I teach the kids.* And Julie, the kitchen coordinator, offered this t-shirt advice: *Every moment matters.*

**To purchase ducks for the
Great Neighbors’ Duck Races,
see Dawn Kinnunen.**

Extra Help Rolling in & out of Food Shelf

Do you have a large rolling suitcase sitting around picking up dust? Why not donate it to help a family in need. With each family receiving a week's supply of food, it can sometimes be difficult to transport all the food if a client is walking or taking the bus. Help out today by donating your old large rolling suitcase to the Neighbors, Inc. food shelf.



Most needed items at the moment:

- Pancake Syrup
- Juice - Jelly
- Toilet Paper & other hygiene products
- Kid-friendly foods (fruit cups, EasyMac, etc.)
- Baking items (flour, oil, sugar, seasonings)

Reimbursements

If you purchase anything for the church, please turn in your receipt to Bill Short or Pastor Gail so that you may be reimbursed. If you would like to donate the item to the church, give the receipt to Dan Miller or Pastor Gail and it will be recorded on your giving record.

GARAGE SALE FOLLOW-UP

Thank you to everyone who donated, worked, cooked, helped with the marketing, picked up, and delivered. Yahoo! Our garage sale was a HUGE success ... \$3,333.33 ... so helpful for the budget! Couldn't have done it without you!

Roxanne & Judy

**Children & Youth Sunday School
begins on Sunday, September 8.**



End of Life Packet

We have put together a packet of information related to end-of-life issues. It contains basic information as well as information related to Faith Church. There is a section for personal information that you can copy and share with your family and pastor. There are samples of documents to be considered as well as a resource guide for your use. These packets are available on the table outside the offices.

Growing Through Loss Coalition

The 2019 Fall Series will be held at Good Shepherd Lutheran Church, 7600 Cahill Ave., Inver Grove Heights, on Tuesday evenings, September 10, 17, 24, October 1 and 8. Brochures are available on the table by the parking lot door.

**United Methodist Women
Twin Cities District Fall Gathering
& Annual Business Meeting
September 28, 2019 ~ 8:30 a.m.
Minnetonka Avenue United Methodist Church**

Guest Speaker will be Deaconess Kim Haarris

The topic is Maternal Health

More information and a registration form will be in the fall edition of *Twin Cities Connection* newsletter or see the flyer on the bulletin board.



★ Need a day brightener or thought provoker?

Dial up *Ideas for Positive Living!*

Every Thursday Gil Kinnunen provides an uplifting phone message.

So call 651-602-2176 each Thursday for a weekly picker-upper!

How Does Our Garden Grow?

The harvest has begun. We delivered the first fruits of our Neighbors, Inc. Food Shelf Garden during the first week of July. So far, we have delivered cucumbers, peppers, zucchini, bush beans, green onions, tomatoes, and several bags of herbs (parsley, sage, rosemary, and thyme—plus basil and oregano).

Last year, our garden produced 426 pounds of vegetables and set a record of \$1,500 for market value (average cost of vegetables from neighborhood grocery stores). Given the mix of sunshine, warm temperatures, and rain, we hope for another record-breaking year in 2019.

Our garden is completely funded through memorial gifts and designated contributions.

Thanks to the volunteers who have helped water, weed, and harvest.

If you wish to be part of the gardening team this year, please contact Dawn Kinnunen (651-278-7394, dawnella1974@gmail.com) or Gil Kinnunen (651-428-3959, gilogram@gmail.com)



Ecumenical Youth Group

Beginning this fall we are going to participate in a youth group with several churches in Northern Dakota and Southern Washington Counties. We will meet once a month for a special activity. The first one will be in early October when we will be going to the Sever's Corn Maze. Be watching for details.

Adult Sunday School

This fall the Adult Sunday School class will begin by studying "*A Life Worthy of the Gospel*." How do Christians think and act faithfully in a complex and often ambiguous world? What models from Scripture and Church history might help us to live "lives worthy of the Gospel" in the 21st century? Join Dr. Dana Scopatz and Dr. Sandra Wheeler in an exploration of these vital questions. The class begins on Sunday, September 24 at 10:50 a.m.

MAKE A DIFFERENCE

difference /'diferəns / [dif-er-uhns]

Red Bird Mission

Red Bird Mission, Inc. and Red Bird Clinic have been providing ministries in this region of the Appalachian Mountains since 1921. Today the need remains critical in this isolated, rural distressed area. Chronic poverty, lack of jobs, poor housing, and rugged mountainous terrain provide obstacles to a fuller life for the residents of this area. Red Bird Mission and Clinic strives to meet these needs through ministry in five areas: Education, Health and Wellness, Community Outreach, Economic Opportunity, and Community Housing Improvement.

The Education ministries are carried out through a Pre-K-12 school. Health and Wellness ministries are provided through medical and dental clinics providing quality health and dental care in an area that is chronically under served. The other three areas of ministries provide a wide variety of services to the residents of this area. Volunteers in mission service come and help with the refurbishment of homes, low-cost clothing and furniture is providing through the community store and local crafter's wares are marketed to a wide area through the craft marketing ministry.

Support for these ministries come from the churches and individuals across the nation. Over the years the Mission has enjoyed wide support in the United Methodist Church as well as other denominations. In recent years we have seen a decline in the support Red Bird is receiving. They are currently facing a financial crisis that is making it difficult to continue all the areas of ministry they provide. Without more funding, we will have to reduce the level of ministry provided to this community.

For more information go to:
rbmission.org



September 2019 Worship Schedule

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September 1 — 12th Sunday after Pentecost — *Sacrament of Holy Communion*

Scripture Readings: Jeremiah 2:4-15; Psalm 81; Hebrews 13:1-8, 15-16; Luke 14:1-7, 14

Sermon title: "Looking for the Table"

Greeter: Taffy Storck

Lay Reader: John Scopatz

Fellowship Time host: Dan Miller

Communion Steward: Sharon Yekaldo

September 8 — Welcome Home Sunday

Scripture Readings: Jeremiah 18:1-11; Psalm 139; Philemon 1-21; Luke 14:25-33

Sermon title: "Counting the Cost"

Blessing of the Students, Teachers, and Others Who Work with Education

Greeter: Bill Short

Lay Reader:

Fellowship Time host:

September 15 — 14th Sunday after Pentecost

Scripture Readings: Jeremiah 4:11-12, 22-28; Psalm 14; I Timothy 1:1-17; Luke 15:1-10

Sermon title: "Showing Mercy"

Greeter: Dianna Gallegos

Lay Reader:

Fellowship Time host:

September 22 — 15th Sunday after Pentecost

Scripture Readings: Jeremiah 8:18-9:1; Psalm 79; I Timothy 2:1-7; Luke 16:1-13

Sermon Title: "Balm and Mercy"

Greeters: Pat & Paul Williams

Lay Reader:

Fellowship Time host:

September 29 — 16th Sunday after Pentecost

Scripture Readings: Jeremiah 32:1-3a, 6-15; Psalm 91; I Timothy 6:6-19; Luke 16:19-31

Sermon Title: "Foundation for the Future"

Greeter:

Lay Reader:

Fellowship Time host:

September 2019 Calendar

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Sun., 9/1 9:30 a.m. Worship
10:30 a.m. Fellowship Time
10:50 a.m. Adult Sunday School

Mon., 9/2 Office Closed

Wed., 9/4 6:00 p.m. Board of Trustees
7:00 p.m. Choir Rehearsal

Thurs. 9/5 11:00 a.m. Mobile Meals
6:00 p.m. Finance Committee
7:00 p.m. Church Council

Sat, 9/7 8:00 a.m. Men's Breakfast

Sun., 9/8 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time
10:50 a.m. Adult Sunday School

Mon., 9/9 9:00 a.m. Craft Group

Wed., 9/11 6:00 p.m. Stewardship Committee
7:00 p.m. Choir Rehearsal

Sun., 9/15 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time
10:50 a.m. Adult Sunday School

Mon., 9/16 9:00 a.m. Craft Group
12 noon Study
6:30 p.m. Covington Task Force
Evaluation

Wed., 9/18 7:00 p.m. Choir Rehearsal

Sat, 9/21 8:00 a.m. Men's Breakfast

Sun., 9/22 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time

Mon., 9/23 9:00 a.m. Craft Group
6:30 p.m. Welcome Team

Wed., 9/25 7:00 p.m. Choir Rehearsal

Sun., 9/29 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time
10:50 a.m. Adult Sunday School

Mon., 9/30 9:00 a.m. Craft Group
12 noon Study

Wed., 10/2 7:00 p.m. Choir Rehearsal

Thurs., 10/3 11:00 a.m. Mobile Meals

Sat, 10/5 8:00 a.m. Men's Breakfast

Sun., 10/6 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time

Mon., 10/7 9:00 a.m. Craft Group
12 noon Study

Wed., 10/9 7:00 p.m. Choir Rehearsal

Sun., 10/13 9:30 a.m. Worship
9:45 a.m. Children's & Youth
Sunday School
10:30 a.m. Fellowship Time
10:30 a.m. Flu Clinic/Fall Fling

Mon., 10/14 9:00 a.m. Craft Group



Community Boards

Help us expand our advertising for church events! Keep your eyes open for community boards, and tell Judy Turk. She is looking for places we can hang posters for events here at church.

Church Office Hours

Susan will be working from home and will be in the office for limited hours for the next few weeks.

Pastor Gail is in the office Mondays, Wednesdays and Thursdays most weeks. Tuesdays and Fridays are Pastor Gail's regular days off. Please call her at home (612-703-1296) if it is an emergency and you need to reach her.

Men's Breakfast Group will meet on the Saturdays of **9/7, 9/21, and 10/5** at Stark's, 3125 Dodd Road, Eagan, starting at 8:00 a.m. All men are welcome to join us! For more info, please contact Bill Short at 651-552-0736 or bill.short26@gmail.com.



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TWIN CITIES MN
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Worship Schedule

We invite you to join us this Sunday
for worship, study and fellowship:

- Worship — 9:30 a.m.
- Youth & Children's Sunday School — 9:45 a.m.
- Fellowship time — 10:30 a.m.
- Adult Sunday School — 10:50 a.m.

ADDRESS SERVICE REQUESTED

Facebook Page

Remember to like the Faith Facebook page at:

<http://tinyurl.com/FaithUMCmn>



Are you wondering ...

- What are my strengths, values and passions?
- What brings meaning & purpose to my life?
- How can I continue to grow spiritually?
- How can I make a difference?
- What are the ways I can connect to ministry across the Minnesota Annual Conference?

If you are a lay person asking yourself these questions, consider joining us for **Connexion: Finding Purpose and Connection in Ministry**. This retreat is about listening deeply to God, to yourself, to each other, and to the needs of the world. It's about connecting your passions and call to others in the Minnesota Conference. It's about finding your spot to contribute.

This event is at Coon Rapids United Methodist Church on the north side of the Twin Cities area, beginning on Saturday, September 21 at 10 a.m. and ending on Sunday, September 22 at 4:00 p.m.

Cost is \$75-\$195 depending on housing. For more information talk to Pastor Gail.